

Waterside Medical Practice

www.watersidemedicalpractice.co.uk



Waterside Medical Practice Community Health Club

Every Tuesday 10am – 5pm

**New Support Forum for Patients-
Managed by Patients, Waterside Medical
Practice and Hayling Voluntary Services**

**This support group has been set up by Waterside
Medical Practice and the Hayling Voluntary
Services.**

This group was initially for patients with Chronic Wounds, but we have now extended it to all patients. We have guest speakers offering Health education and advice.

Waterside Medical Practice is committed to offering ongoing support to our patients outside of the Consulting room. We wish our patients to support one another by sharing their own journeys through their illness to support others just starting out.

Via this peer group we hope you will benefit from invaluable advice and support from one another. Our wonderful Hayling Voluntary services are dedicating their time, Refreshments, and a friendly welcome to everyone on a weekly basis.

Come along and drop in for a chat, cup of tea & amazing cakes & raffles!

Waterside's leads for this group are:

Dr Greenslade – GP Partner

Trish Diaper - Practice Nurse

Sophie Green - Practice Manager

We are all extremely keen to listen to your ideas, thoughts and suggestions for this developing group.

**Health Education
Room - Hayling
Island Health
Centre**

**An exciting new group
offering support &
advice from Waterside
Medical Practice and
Hayling Voluntary
Services.**

**Come and meet others
with similar health
related problems such as:**

**Leg Ulcers, COPD, Asthma,
Diabetes and Heart
Disease**

—————
Guest Speakers

—————
Raffle and Prizes

—————
IT'S ALL ABOUT YOU

Dr Sam David, Dr Richard Thomas, Dr Rebecca Gabel, Dr Jason Greenslade, Dr Laura Bryant
Hayling Island Health Centre, Elm Grove, Hayling Island, Hampshire, PO11 9AP